

Ashton Solomon was born and raised in the community of Heideveld in Cape Town. He describes himself as a heartwarming individual, very formal, profound, and work-orientated. During his spare time, he coaches the local cricket team. Ashton loves natural beauty, especially the ocean.

## How does giving back to your community help you grow?

It enriches my life. It helps me to engage with leaders in the community and connects me to people and ideas that positively impact my life and my perspectives. Giving back to the community gives me a sense of hope and purpose. Through giving back, I now understand my core purpose in life.

## What did you learn during your time at YearBeyond?

Confidence is the single most important thing I took away from YearBeyond. I started as an introvert but through the course of the year, I steadily grew into someone optimistic and proactive. I now always try to step up to support others when they are nervous or scared to do things.

## What advice do you have for your younger self?

To make the best of every opportunity life gives you. Build your network and hold your values dear to you. You need to constantly improve by focusing on self-development. Introspect regularly. Always try to help others in your sphere of influence. Also, remember "you cannot pour from an empty cup". Lastly, don't be a consumer, be a creator.

This interview was conducted and compiled by fellow YeBo Academy student, Luke Levenberg.